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*A gift from nature*



Paramita

[www.naturalshop.com](http://www.naturalshop.com)

Thai Herbal Products  
*Being Well the Natural Way*



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iSense



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# Paramita

Paramita (Thailand) Co., Ltd, has been established since 2003 to provide the finest quality herbal spa products from Thailand. Our mission is to deliver satisfaction to our customers by making available these health enhancing superior quality natural products produced in an environmentally and socially responsible manner, while maintaining best practice standards in our business relationships.

碧拉米塔（泰国）有限公司成立于2003年，致力提供最高品质的泰国草本精华芬浴产品。我们以顾客满意为宗旨，立志保持高水平经营理念，通过环保和有机的生产方式，为顾客提供天然、健康的优质产品。

## Our Philosophy

Our philosophy is based on a set of core beliefs that guide our practice in business as they do in life and is summed up by our company name, 'Paramita'. 'Paramita' is a Sanskrit word meaning the 10 noble qualities known as the 'perfections'. These are giving, virtue, renunciation, wisdom, energy, patience, truthfulness, determination, loving kindness, and equanimity. As applied to the world of business, we understand these principles impel us to engage in trade that is not harmful but beneficial to the environment and to the society in which we live, especially those traditional communities whose wisdom and skill goes into the making of our natural products. Moreover, it impels us to consider those less fortunate than ourselves, as well as other species, to whom we owe a special responsibility of care. Because we believe in the interconnectedness of all things, we depend on them just as much as they depend on us.

## Corporate Policy

As part of our corporate policy, all of our products are strictly 'no-animal testing' and eco-friendly raw materials. We will allocate a portion of our net profit to charity programs and foundations such as the 'Save the Elephant' Foundation in Thailand to help save and improve the welfare of this most majestic of creatures. We are also in support of "ORBIS Friends Program" for the past ten years.





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“I am green” is a high quality natural health product derived from Thai herbs that are wisely selected from local sources. We take care of all the details to create the best natural handmade products that the orient has to offer. From a unique assortment of gifts from nature, we offer health enhancing superior quality natural products, produced in an environmentally and socially responsible manner. “I am green” collections not only offer the personal health benefits that can be derived from Thai herbal products, but also reflects our great appreciation of traditional Thai communities who dedicate their wisdom and skills in making this unique product.

“I am green” 源自纯天然的泰国草本精华，采用精心挑选的高品质草本植物，通过环保、安全的工艺制作而成，集天然、健康和美丽元素于一身。“I am green” 产品秉持天然万物和谐结合的理念，注重天然原料精华的萃取和开发细节，确保产品健康优质，助您全身心融入大自然。在致力追求顾客高品质享受的同时，我们的草本植物开发产业还鼓励了有机农业生产，从而扶持农村社区经济并回报社会。

“I am green” は自然から取られたタイのハーブの製品を作られています。ローカルのハーブ自然からの贈り物のユニークな品揃えを通じ、私たちの健康のため高品質天然製品を強化を提供したい。

“I am green” は地球に優しい・人々の健康のため心と体のバランスをケアする商品とともに自然に感謝・社会の人たちに大きな感謝と責任があると思ってこの商品を作りたいと思っています。



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iSense



100% Pure Essential Oil  
100% Plant Based Extracts  
Water Based, Non Toxic



AROMATHERAPY  
AIR FRESHENER

香氛噴霧





## Aromatherapy Air Freshener

香氛喷雾

An aromatherapy air freshener is a great way to enjoy the scent and therapeutic benefit of pure essential oil. iSense aromatherapy products are 100% all-natural because the substances used to create the scents are derived from just nature itself. Aromatherapy spray can be used as therapeutic spray, general deodorizer, a body mist, and as a skin toner. Enhance the environment and revitalize the air of your home and office areas with iSense 100% natural aromatherapy spray.

### Aromatherapy Spray Collections:

**Floral Sweet:** Enjoy a sweet floral scent while balancing your mood; re-energize your body and soul.

**Citrus Delights:** A refreshing and rejuvenating scent from tropical citrus fruits. Fill your home with the light, spicy scents of citrus. Ideal for use as a room / bathroom / kitchen air freshener as citrus oil is also a natural disinfectant.

**Oriental Bliss:** Refresh and rejuvenate your senses with oriental blended essential oil, ideal for use as an insect repellent

**Serenity:** Helps relax your body and mind while promoting good sleep. Lavender also has anti-bacterial properties and can be used as a pillow/ bed linen mist.

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# HERBAL COMPRESS

泰国传统草药包



HC 001:  
Herbal compress



HC 002:  
Facial compress



HC 003:  
Coconut compress



HC 004:  
Sesame compress



HC 005:  
Microwave rice  
compress



## Thai Herbal Compress

A hot herbal compress (“Luk Pra Krop”) applied to the body is an ideal way to relieve muscular stress and inflammation. Blended from more than ten different Thai herbs, our hot compresses provide the most utmost in muscular and mental relaxation.

### Product List

HC 001: Traditional Herbal Compress (200g, 150g, 100g)

The heat and essential oil from herbs will work synergically to relief muscular pains, joint discomforts, nourish the skin while stimulate blood circulation

HC 002: Facial Compress (70g)

Facial hot compress is suitable and gentle for sensitive skin like face and neck area.

HC 003: Coconut Compress (50g, 100g)

Vitamin E-rich Coconut compress is ideal for face and body, helping keep the skin soft and supple.

HC 004: Sesame Compress (50g, 100g)

Sesame compress can be used for body, facial or head massage. It is good for those with sensitive skin.

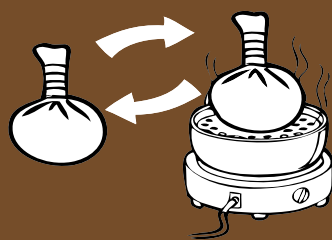
HC 005: Microwave Rice Compress (200g, 400g)

Microwave compress is specially made for home use. Put in microwave for 1-2 minutes and apply on the desired area to relieve muscular aches and joints discomforts.

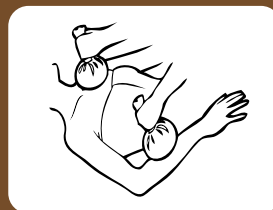
### How to use:



1. Soak in the water for 20 minutes



2. Steam in the steamer for 10-15 minutes



3. Test the temperature before applying on the body



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# AROMATIC THERMAL PAD

香薰敷墊



Pad for  
Stomach/Back



Pad for  
Shoulder



Stomach Belt



Shoulder Pad



Herbal Slipper



## *Aromatic Thermal Pad*

芳香热袋

Our herbal aromatic thermal pad is specially designed for you to regain physical and mental health and improve your total wellness. The product is well designed to suit to a new lifestyle. The herbal pad is chemical free and 100% natural herbal ingredients with medicinal benefits. It is easy, no messy and safe to use.

芳香熱袋是經改良後之草藥袋，方便容易使用。可隨時隨地隨使用，無需設備，而且安全並使用壽命長

### **Product List:**

- ARP001: Aroma Pad for Stomach/Back, 850g*  
(non woven fabric)
- ARP002: Aroma Pad for Shoulder, 650g*  
(non woven fabric)
- ARP003: Aroma Shoulder Pad, 1200g*  
(poly fleece fabric)
- ARP004: Aroma Stomach Belt, 1000g*  
(poly fleece fabric)
- ARP005: Aroma Herbal Slipper*

### **How to use:**

1. Heat in the microwave for 1-2 minutes at 600 watt  
Put a glass of water in the microwave when heating the pad
2. Put on the stomach, shoulder as needed.
3. When it cools down completely, store in zipped lock poly bag and put in the refrigerator

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# EYE PILLOW

眼垫 (冷敷, 热敷)

Eye Pillow Natural Collection



Chamomile



Lavender



Rose  
Geranium



May Chang



### *Eye Pillow*

Eye pillow works perfectly in getting our eyes relaxed and is really of great help not only to people who work continuously on computer, but also people who have a habit of watching television for long hours. Regular use helps improve your vision and relax the eye muscle.

## **Product list:**

### *Cold Sensation Lavender Eye Pillow*

Feeling the cooling sensation with our lavender eye pillow and pamper your tired eyes with our premium aroma silk eye pillow. Silk eye pillows are very soft and the covers of these silk eye pillows are removable.

### *Warm Sensation Herbal Eye Pillow*

Warm sensation eye pillow is made from natural woven cotton, with natural grains as heat filler and scented with Thai herbal essential oil to give the best relaxation to the eyes from any strain.

## **How to use:**

### **Warm Sensation:**

1. Heat it in the microwave 30-60 seconds at 600 watt. Always put a glass of water in the microwave when heating the eye pillow
2. Apply on the eyes and rest.
3. To avoid burning, only reheat it when it completely cools down

### **Cold Sensation:**

1. Put in the freezer for at least half an hour
2. Remove plastic bag and apply on the eyes and rest

**Care:** Store in the plastic bag and put in the refrigerator

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AROMA MASSAGE  
BATH OIL

香氛按摩油



## ***Aroma Massage/Bath Oil***

***Our 100% natural aromatherapy massage & bath Oils*** not only get the nourishing benefits of the carrier oils - you also receive the therapeutic benefits of high quality natural essential oils. Pure essential oil, known for their cleansing, healing and skin rejuvenating properties, are blended with finest vitamin E-rich carrier oils to invigorate the body and increase energy.

### **Product List:**



**HO 001: *Four Element Collection: Earth, Water, Fire, Air***

A special blend to accommodate conditions of each elements

**HO 002: *Serenity***

Tame tension and unruly emotions, helping you to sleep well.

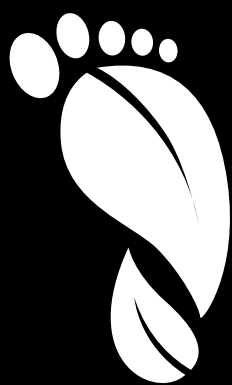
**HO 003: *Floral Sweet***

Help sooth your skin, heal the body and soul

**HO 004: *Skin Tonic***

A special blend to soothe the skin, while treating wrinkles, sun-damaged, bacteria related skin rash.

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FOOT  
CARE  
PRODUCTS

脚部舒适护理产品



## *Foot Care: Gateway to health*

If eyes are the window to the soul, feet are the gateway to the body. Indeed, feet can provide a valuable mirror to your general health and well-being. You can tell how hard our poor feet have to work by the fact that they boast more sweat glands per square inch than any other part of the body. On average, we walk 8,000 steps per day, therefore it's essential to maintain a regular foot health routine.

## **Product List**

- FCP001: Herbal Foot Bath Bag*
- FCP002: Herbal Foot Salt*
- FCP003: Herbal Foot Spray*
- FCP004: Herbal Foot Massage Oil*
- FCP005: Herbal Foot Balm*
- FCP006: Volcanic Pumice Foot Stone*





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# POST-NATAL CARE COLLECTION

泰国传统古方产后恢复护理  
(使用家庭和水疗康复中心使用)

## ***Post-Natal Care Collection*** (or “U-fai” in Thai)

“U-fai” (a Thai word, literally translate into “living in the fire”) is a Thai traditional post natal care for woman who just gives birth. The use of heat and herbs to rid of body-toxin and stimulate the blood circulation is believed to help balance the health of women after delivering the babies.

The overall post natal care treatment is to help rid of water retention and promote slimming process while providing overall health and complexion booster.

泰式热带药配方促进排毒及促进血液循环。特别是，整个产妇的身体恢复起决特殊的泰国草药特性，帮助治愈子宫收缩恢复

### **Product List:**

PN001: Herbal Compresses (Special Blend for Post Natal Treatment, 200g) 泰式产后草药球

PN002: Herbal Steam Bath bag 泰式产后桑拿房薰蒸香芬包

PN003: Post Natal Massage Oil 泰式 产后按摩油

PN004: Virgin Sesame Oil 泰国野生纯芝麻油

PN005: Virgin Coconut Oil 纯椰子油

PN006: Herbal Powder Scrub 泰国草药排毒去死皮

PN007: Salt Clay Pot-Herbal Set (Recommended for professional use only) 能量陶土锅热盐治疗

PN008: Ginger/lemongrass/safflower/pandan herbal tea (sachet/loose leaves) 香草茶

PN009: Soap Bar 香皂

PN010: Clay Brick therapy set (Recommended for professional use only)

PN011: Sauna/Steam Herb 泰式产后草药

PN012: Cotton Steam Tent 泰式草药布薰房

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# THAI COCOS SPA COLLECTION

天然有机椰子系列产品



## Thai Cocos Spa Collection

Coconut palm is known as kalpa vriksha (in Sanskrit), meaning "tree which gives all that is necessary for living," since all parts of the tree can be used in some manner or another. Our Thai Cocos Spa Collection is full of revitalizing minerals and nutrients that quench thirsty skin.

天然有机椰子系列产品



### Product List:

- CO 001: Coconut Body Scrub 椰浆磨砂膏
- CO 002 : Coconut Body Mask 椰子身体淋巴排毒敷泥
- CO 003: Coconut Body Lotion 维 E 椰子滋润乳
- CO 004: Virgin Coconut Oil (Organics & Cold Pressed), 100% natural  
维 E 椰子神奇修护油 (100%天然冷榨有机成份)
- CO 005: Coconut Lip Balm, 100% natural and edible  
椰子特效唇纹护理膏100%纯天然
- CO 006: Handmade Coconut Soap Bar 纯 天然椰子奶油香皂
- CO 007: Exotic Coconut Compress, 100% natural  
泰式SPA椰子按摩球 100%纯天然
- CO 008: Coconut Pulp Body Peeling (100% natural)  
椰子美白身体去角质粉 (100%纯天然)
- CO 009: Bio Cellulose Coconut Jelly Facial Mask  
椰子生物纤维细胞面膜



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# Thai Silk Cocoon Facial Scrub

天然泰国蚕茧磨砂套装

## Thai Silk Cocoon Facial Scrub

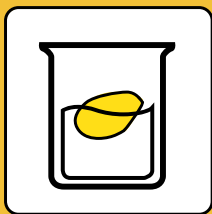
'I am Green' silk cocoons, from the best strain of Thai silk, are cocoons of silk worms which are fed with fresh and organic mulberry leaves. It is produced in sterile and controlled condition for good hygiene and for the best quality. These color-rich cocoons are high in flavonoids and carotenoids substance, which are excellent in protecting cell damage. Scrubbing your face with this gentle natural exfoliant will help removing old and dead skin cells and giving the skin fabulous benefits of "Sericin", a degumming silk protein in the cocoon which have a whitening, collagen promoting and antioxidant properties.

How to use: Put the cocoon in luke warm water, cleaning your face and put cocoon in your finger and scrubbing gently all over the face. Roll the cocoon around to change the area when it is getting dirty. Rinse the face well with water and follow by your nourishment regimen.

Our silk cocoons are 100% natural, no bleaching, no preservative and no artificial color. The size and color may vary. Some cocoons may have some brown spots, this is natural feature of cocoons which have no affect on cocoon's quality.



### How to use:



1. Soak cocoons in warm water for 5 minutes
2. After cleaning face, rub cocoons very gently all over the face. Roll the cocoon around to change the area when it gets dirty.
3. Rinse the face well with water and follow by your usual skin nourishment regimen.

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# CRYSTAL DEODORANT

天然水晶除体味条



# CRYSTAL DEODORANT

天然水晶除体味条

Crystal Deodorants: an alternative to Chemical-Laden Commercial Deodorants and antiperspirants

Crystal Body Deodorant products (Stone and Stick) are made from simple mineral salts and contain no harmful chemicals.

While most deodorants mask odor with heavy scents or fragrances, crystal deodorants actually prevent body odor from starting by forming an invisible layer on the skin that creates an unfriendly environment for bacteria. Antiperspirants, on the other hand, use a variety of chemicals that artificially clog pores, while crystal deodorant contains no harmful chemicals.

Crystal deodorants are hypoallergenic, non-sticky, and non-staining, dry instantly and leave no white residue. Crystal Deodorant Stone/Stick is an all-natural alternative to mainstream deodorants

## Product List:

CRD 001: Deodorant Stone

CRD 002: Deodorant Sticks



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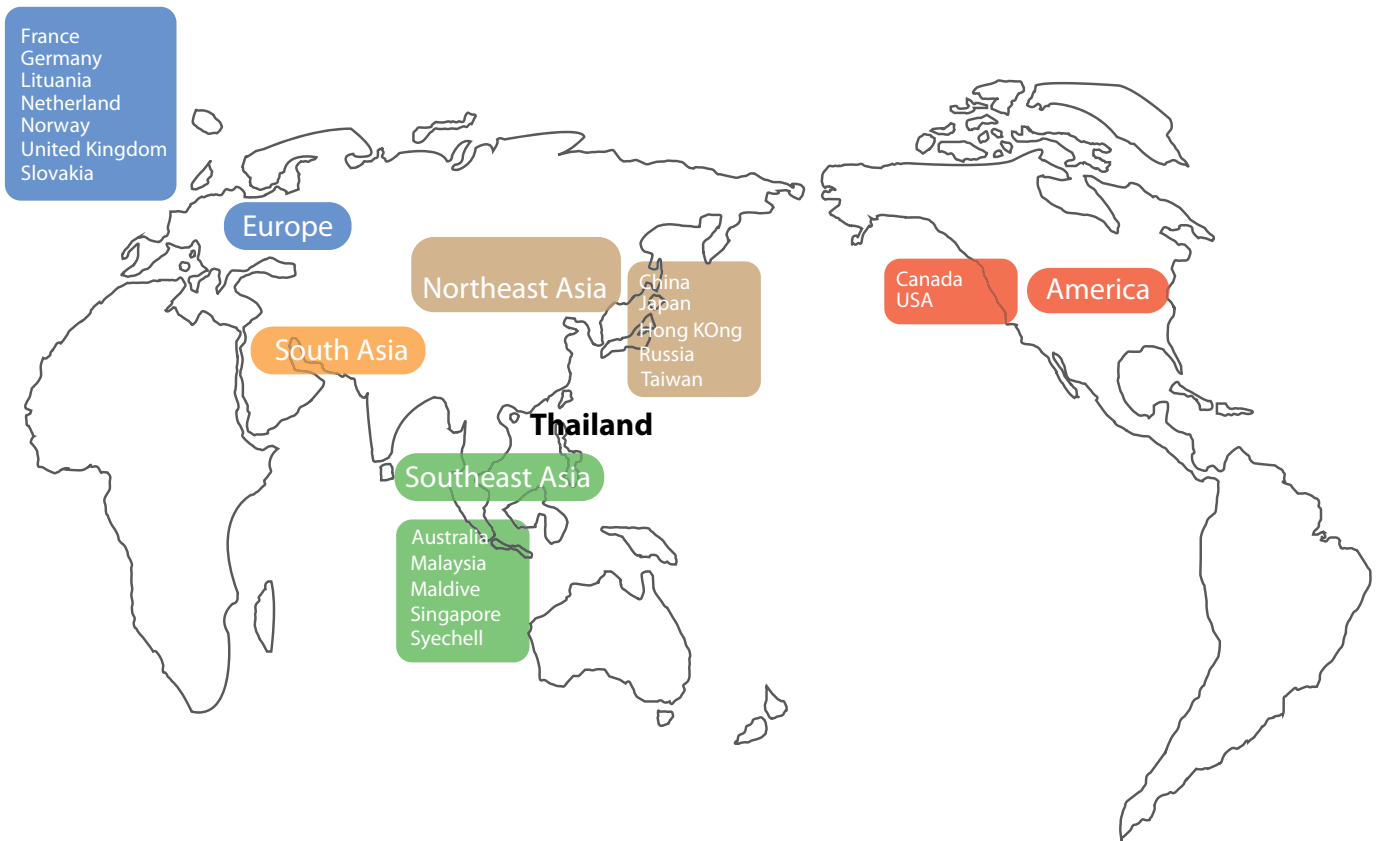
# Resources in Thailand



Chieng Mai	Essential Oil
Maehongsong	Sesame Oil
Lopburi	White Clay, Rice Bran Oil, Sunflower Seeds Oil
Aong Thong	Herbs, Essential Oil
Prachuapkhirikhan	Coconut Oil
Burirum	Herbs



# The Global Markets



1. Canada
2. USA
3. Taiwan
4. Hong KONG
5. China
6. Japan
7. Malaysia

8. Singapore
9. UK
10. Slovakia
11. France
12. Austria
13. Norway
14. Germany

15. Netherland
16. Maldive
17. Syechell
18. Russia
19. Lithuania

# Our Customer Profiles



ธนาคาร  
เกียรตินาคิน  
KIATNAKIN BANK



# For The Benefits of Others.

We can make it because of your continuous supports.









### Lemongrass

Reducing fevers, cramps, flatulence and arthritic pain, aid digestion



### Lesser Galangal

Anti-inflammatory, antimicrobial



### Turmeric

Skin Whitening, anti-Oxidant, anti-inflammatory, anti-Bacterial



### Plai

Relieve muscular pain and ache



### Pandanus

Quench thirst, relieving headaches and pain caused by arthritis



### Kaffir lime

Anti-dandruff, hair nourishment



### Blue pea

Hair growth promoter



### Pomegranate

Skin whitening, anti-Aging, anti-oxidant, UV protection



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